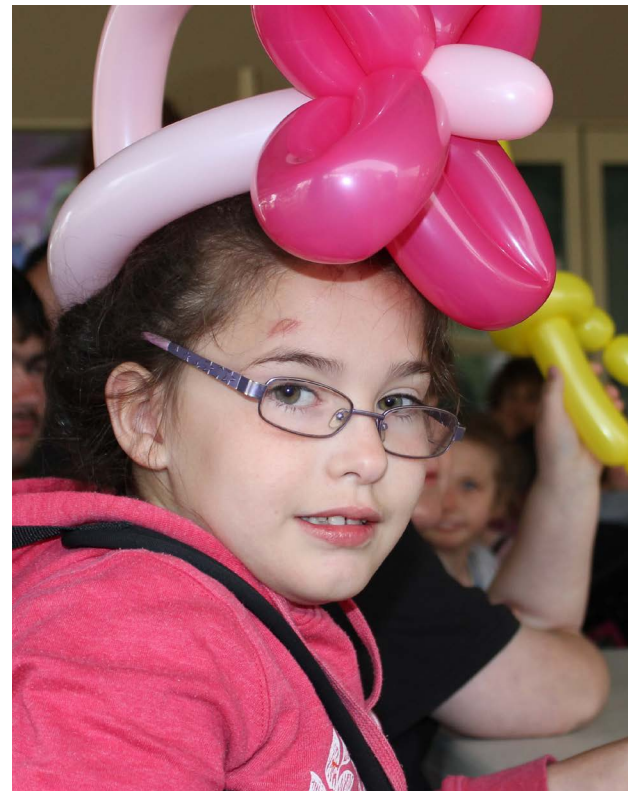


Home & Community Support

Creative support when and where you need it





Personalised support to suit you

Cara's Home & Community Support staff work one-on-one to support you when and where you need it. Whether it's in your home, out in the community, volunteering or attending school, our staff work alongside you to support you in achieving your goals. You might have a staff member join your family on holiday for extra support.

Home & Community Support staff are qualified, caring and enthusiastic. They have specialist training in areas including:

- Supporting children and adults with Autism Spectrum Disorder (ASD)
- High health needs
- Medication management

Ideas for you

Ideally, you will tell Home & Community Support how you'd like our assistance. If you're looking for some ideas to get you started, here's how other Cara customers use Home & Community Support.

- Personal care
- In-home support
- Cleaning and laundry
- Cooking and shopping
- Holidays and sports
- Organising and attending appointments with you
- Recreational, sporting and community activities



Lifetime Support Authority (LSA)

Cara's Home & Community Support Service is one of three preferred providers selected by the State Government to provide support under the LSA for people who have been involved in car accidents.

We strive to match you with staff to aid your recovery.

Let's talk

The Cara Connect Team is here for you through your entire National Disability Insurance Scheme (NDIS) journey. Contact us by emailing contact@cara.org.au or phone **08 8347 4588**.

For more information go to our website www.cara.org.au or let's get social!

 facebook.com/caraorgau

 twitter.com/caraorgau

 instagram.com/carainc