

Kids Club

Interactive play, friendship and fun for children and teenagers with disabilities





Learning through play

Cara's Kids Club is designed for children and teenagers with disability to learn, grow and have fun through interactive play and developmental activities.

Kids Club is held once a month on a Saturday in Woodville, Mount Barker and Reynella as well as during school-holiday weekdays in Woodville and Mount Barker. It's six hours of fun for children and teens aged 4 to 17!

Find a full calendar of dates at www.cara.org.au

Cara's qualified, caring and enthusiastic staff organise structured activities in a child-focused environment. Our staff have specialist training in medication management, high-level health care and supporting children and teenagers with a range of disabilities, including physical disabilities and Autism Spectrum Disorder (ASD).

It's all about you

At Kids Club, participants get to choose what they'd like to do. You could try:

- Arts and crafts
- Sensory play
- Cooking
- Reading
- Making music
- Having fun and making friends

Kids Club also has the support of a number of volunteers who really enjoy working alongside the children. Thank you!



Let's talk

The Cara Connect Team is here for you throughout your entire National Disability Insurance Scheme (NDIS) journey.

Contact us by emailing contact@cara.org.au or phone **08 8347 4588**.

Find more information at www.cara.org.au or let's get social!

 facebook.com/caraorgau

 twitter.com/caraorgau

 instagram.com/carainc

Find out more

Scan the QR code below to see a video of Kids Club and the impact it can have on families like yours.

